We will no longer be producing a printed Good Gifts Catalogue. It hasn't been an easy decision, but we felt the environmental damage made it hypocritical to be urging people to save trees, reduce plastic, cut waste and combat global warming, whilst we were producing the Catalogue. We tried to mitigate the damage by using recyclable materials, but it is not enough.

We know many of our Good Givers like to browse the Catalogue, so we have created this pdf that you can print out. For those that don't have access to a printer, and friends and relations can't help, the local library will be able to print it out.

Much Needed Good Gifts

Plant an oak tree

Trees have a voracious appetite for carbon and sulphur dioxide, making our air fresher and combating global warming. What can be more traditional than an oak tree, making it a gift appropriate to mark special occasions.







School shoes

Children's feet outgrow their shoes. Ill fitting shoes deform feet, leading to a lifetime of problems. Children even get excluded from school for lack of the correct footwear; a scarring humiliation. Please buy a pair of school shoes for £20, or 5 pairs of school shoes for £100.

2101 A pair of school shoes £20

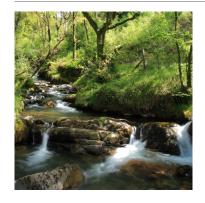
2102 5 pairs of school shoes

Vegetable patch kit

Enabling people to grow their own vegetables in the townships of South Africa. The basic kit for starting a garden in a small space is in great demand, and helpful advisers are on hand to encourage and advise via the phone!







Clean up our rivers

Less than 20% of UK rivers are in good health. Plant trees and shrubs along the banks to slow water flow and prevent flooding. Halt the invasion of foreign species of animals and vegetation and plant native species. Install silt traps to collect pollutants and pesticides, so salmon and trout can swim in clean water.

2008 Install a silt trap £25

2010 Plant trees and shrubs £45

Top up the electricy meter

The pandemic has thrown many families into poverty. In the UK the poorest households have to pay the most for their electricity, on pre paid meters. With everyone at home costs rise. No electricity means no lights, no tv, no cooker, no kettle, no hot water.

1948 Top up the electricity metre for two weeks ± 40

1949 Top up the electricity metre for a month ± 80





Feed our hungry children

Bad food or no food. Is that what we want for the nation's children? Is that what they deserve? £25 can provide a week's healthy food; £110 a month and £320 for 3 months.

2103 A week's healthy food £25 2104 A month's healthy food £110

2105 3 months' healthy food £320

Don't waste a sentence

50% of prisoners in UK jails can't read or write. On release they are twice as likely as other prisoners to re-offend. Train prisoners who can read to teach another prisoner on a one-to-one basis. Building confidence both to mentor and pupil, lowering re-offending rates, saving taxpayers money, and benefiting the wider community by reducing crime.



2004 **Don't waste a sentence** £98



Give a step up to African amputees

Prosthetic limbs, out grown by UK users, are collected and refurbished by volunteers. Instead of ending up in land fill, they are sent out to more than 13 African countries, where 28 Mobility Clinics have been set up, and the staff trained to reuse and fit the artificial legs. It saves waste, gives volunteers a sense of purpose and gets people walking.

2003 Give a step up to African amputees £15

A year of books for a child

There are too many children living in Britain whose lives are devoid of books. To help, £32 sends a child a monthly book (added excitement of receiving a parcel through the post), which a parent or sibling can read to them. Result? Shared pleasure for all the family and a boost to language and love of books.

1865 A year of books for a child £32